



**ST. JOSEPH'S**  
CATHOLIC CHURCH

*Gratitude, Discipleship, Hospitality*

## Spiritual Growth Workgroup

**Mission:** At a community level, to provide spiritual pathways for individuals and groups to recognize the presence of Christ in their lives.

*While this group has focused the past few years on worship space projects, it is working toward recapturing and redefining its broader mission to feed the spiritual hungers of parishioners. It is distinguished from Small Group Planning in that while its events or programs might dovetail with the activities of Small Christian Communities, the Spiritual Growth Workgroup exists to serve a broader spectrum of interests. It is also distinguished from the Worship Workgroup which focuses on liturgy and, specifically, the worship needs of the parish. While the Spiritual Growth team may consult and collaborate with the Worship Workgroup for various activities, the two groups are distinct in their missions.*

**Current Project:**

*Baptismal Spirituality:*

To continue to provide avenues for education about our Catholic baptismal spirituality in support of the addition of an immersion font to our worship space

**Vision for Summer 2008:**

*Summertime and the Prayer is Easy...*

Provide a variety of ways to try simple forms of prayer over the summer:

- Prayer Under the Stars: An evening of outdoor prayer and music
- How to Journal: How do you experience God each day? With this simple mantra, offer a session on how to do spiritual journaling as a form of prayer
- Bishop's Retreat: A half-day experience of Bishop Clark's Spirit Alive! videotaped retreat
- Movie Night: Plan a movie night for everyone from teens to seniors to come together to watch a movie and discuss its spiritual meanings and reflections for prayer

**Vision for 2008-2009:**

*Understanding Liturgy*

A series of opportunities for the community to come together and learn more:

- Overview of the Parts of the Mass
- Liturgy of the Word
- Liturgy of the Eucharist
- Liturgy of the World